



EVENTS & ACTIVITIES

October 2025

French session

MONDAY 6TH OCTOBER

Musical moments

FRIDAY 10TH OCTOBER

Exercise class

FRIDAY 10TH AND 24TH OCTOBER

Autumn visual digital show

WEDNESDAY 15TH OCTOBER

World Food Day

THURSDAY 16TH OCTOBER

Flower arranging

FRIDAY 17TH OCTOBER

Throughout the month, we will be hosting the following regular activities:

Boules tournament

EVERY THURSDAY

Scrabble

EVERY TUESDAY

Chair yoga

EVERY WEDNESDAY AND FRIDAY

Guided meditation

EVERY WEDNESDAY



Contact us today on **01260 296789** to find out more about these upcoming events and activities, or why not suggest an activity yourself?