

EVENTS & ACTIVITIES

April 2025

April fool's day

TUESDAY 1ST APRIL at 11.00am

Seated dance with Shona

WEDNESDAY 2ND APRIL at 10.30am

Zumba with Mareda

TUESDAY 8TH APRIL at 2.00pm

Musical memories

WEDNESDAY 9TH APRIL at 2.00pm

Zumba with Mareda

MONDAY 14TH APRIL at 2.00pm

Watercolour class

TUESDAY 15TH APRIL at 11.00am

Seated dance with Shona

WEDNESDAY 16TH APRIL at 3.00pm

Spring celebration

THURSDAY 17TH APRIL at 1.30pm

Kellbilly Stomp

THURSDAY 24TH APRIL at 2.00pm

International Dance Day

TUESDAY 29TH APRIL at 11.00am and 2.00pm

Singing for the brain

WEDNESDAY 30TH APRIL at 10.30am

Seated dance with Shona

WEDNESDAY 30TH APRIL at 10.30am

Throughout the month we will also be hosting the following regular activities:

Wellness Wednesdays

EVERY WEDNESDAY

Karaoke

EVERY FRIDAY

Sunday social

EVERY SUNDAY

Arts and crafts

ONCE A WEEK

Minibus trips

ONCE/TWICE A WEEK

Exercise Class

ONCE/TWICE A WEEK

Contact us today on **01296 438000** to find out more about these upcoming events and activities, or why not suggest an activity yourself?

