

# EVENTS & ACTIVITIES June 2025

### **Zumba with Mareda**

TUESDAY 3RD JUNE at 2.00 pm

#### **Volunteers Week**

WEDNESDAY 4<sup>TH</sup> JUNE from 9.30 am

# **Live music: singer Daniel Brewerton**

THURSDAY 5TH JUNE at 11.00 am

## Prize bingo

SUNDAY 8TH JUNE at 3.00 pm

### Seated dance with Shona

WEDNESDAY 11TH JUNE at 2.00 pm

## **Experience life at Avondale**

TUESDAY 17TH JUNE at 10.00 am

### **Zumba with Mareda**

TUESDAY 17<sup>TH</sup> JUNE at 2.00 pm

## Ukelele group

WEDNESDAY 18<sup>TH</sup> JUNE at 2.00 pm

## **Live music: singer George Anthony**

FRIDAY 20TH JUNE at 2.00 pm

# Singing for the brain

WEDNESDAY 25TH JUNE at 10.30 am

## Seated dance with Shona

WEDNESDAY 25TH JUNE at 2.00 pm

# **Armed Forces Day**

SATURDAY 28<sup>TH</sup> JUNE at 1.30 pm

Throughout the month, we will also be hosting the following regular activities:

## **Hearts and minds**

DAILY throughout the day

## Haydon Abbey Book/Cooking Club

FRIDAY AFTERNOONS (DURING TERM TIMES) at 1.30 pm

#### Karaoke

**EVERY FRIDAY in the afternoon** 

## **Church service**

**EVERY SUNDAY** 

# Minibus trips

ONCE/TWICE A WEEK

## **Exercise class**

ONCE/TWICE A WEEK

Contact us today on **01296 438000** to find out more about these upcoming events and activities, or why not suggest an activity yourself?

