

EVENTS & ACTIVITIES

JULY 2022

Care Home Open Week

MONDAY 27TH JUNE - SUNDAY 7TH JULY

Join us as we open the home up for Care Home Open Week. There will be a selection of activities throughout the week.

Ledbury Poetry Festival

FRIDAY 8TH JULY

To celebrate Ledbury Poetry Festival our residents will be bring a poem by either a famous poet or written by themselves. We will be reading the poems for everyone to hear.

Hampton Court Palace Garden Festival

MONDAY 4TH - SATURDAY 9TH JULY

We will be taking photos of our beautiful garden that our residents have been helping to grow to show off to the other homes.

World Chocolate Day

WEDNESDAY 6TH JULY

To celebrate World Chocolate Day we will be making chocolate rice crispies with our residents and then tucking into them with a cup of tea.

Goodwood Festival of Speed

FRIDAY 8TH - MONDAY 11TH JULY

We will be celebrating our love of cars by having a discussion with other residents about our dream cars.

Cheltenham Music Festival

FRIDAY 8TH - SUNDAY 17TH JULY

To celebrate Cheltenham Music Festival our home will be listening to music throughout the week.

Commonwealth Games 2022

TUESDAY 28TH JUNE - THURSDAY 8TH SEPTEMBER

We will be screening the opening ceremony in our cinema for all our residents to engage in and celebrating the different countries competing.

Throughout the month, we will also be hosting the following regular activities:

Morning exercise

EVERY WEEKDAY 11.00am-12.00pm

This activity involves exercise all from the comfort of your chair. This is followed by morning refreshments, a read of the daily newspaper and a chat. This is a great way to start the day, helping not just the body but the mind.

Tea for Three

EVERY DAY 3.00pm

Every afternoon, residents and staff are welcome to gather in the lounges for tea for three! This is a great way to interact, get to know each other and reminisce. Staff and residents are encouraged to participate, enjoy a warm drink, some cake and have a conversation.

One-to-ones

THROUGHOUT THE WEEK AND ON DEMAND

As well as putting on group activities, we also provide one-to-ones. These sessions can involve a catch up, labelling items, individual exercise, assisted walks or personal help.

Decades

This activity involves looking back and reminiscing. We can focus on anything, from a specific year, decade or topic. Engaging in a light-hearted conversation opens up discussion which is beneficial for everyone in attendance.

Music memories

Music therapy has been a really popular edition to our activity list and our residents love a song! Come along and request your favourites. From Frank Sinatra to Doris Day, there's something for everyone.

Ball and group games

Get the body moving with competitive games. Whether its volleyball, hoopla or a classic throw and catch, these chair games are designed to get everyone involved no matter your ability.

Flower arranging

Our volunteers will be doing flowering arrangement workshops for our residents to come and enjoy.

Poetry Club

ONCE A WEEK

Poetry club is held once a week for the residents to engage in some classic literature.

Holy Communion

MONTHLY MONDAYS 11.00am

Bringing this monthly service to life is our community volunteer, Mary, who is part of St Andrew's Church. This service is open for anyone to join.

Gardening club

WEEKLY

This is time spent in our beautiful gardens. You are welcome to just come for a walk and admire all the lovely flowers and shrubs on display. However, if you feel like getting your hands dirty there are opportunities to help with 'planting up' for our special Jubilee Garden. If you feel like a chat there are plenty of areas available where we can take a seat and talk.

Quiz

AFTERNOONS

Think you can answer our quizzes? Our quiz afternoons are always popular.

Evening activities:

In the evening here at Bourne Wood Manor, we enjoy a wide variety of activities ranging from Scrabble club, to movie nights.

Weekend activities:

Pre-dinner drinks

EVERY SUNDAY 11.30am

On a Sunday before lunch, our residents can enjoy catching up over drink.

Contact us today on 01252 941300 to find out more about our events and activities, or why not suggest an activity yourself!