

# EVENTS & ACTIVITIES October 2025

## **World Coffee Day**

WEDNESDAY 1ST OCTOBER

Live entertainment: Fiona

FRIDAY 3RD OCTOBER

## **National Poetry Day**

FRIDAY 3RD OCTOBER

# **World Grandparents Day**

SUNDAY 5TH OCTOBER

# **Evening entertainer**

TUESDAY 7<sup>TH</sup> OCTOBER

# **Gemini clothing**

THURSDAY 9TH OCTOBER

## World arthritis day

SUNDAY 12<sup>TH</sup> OCTOBER

## **Entertainer: Kevin Davey**

TUESDAY 14<sup>TH</sup> OCTOBER

#### Veterans breakfast club

THURSDAY 16<sup>TH</sup> OCTOBER

# World singing day

SATURDAY 18<sup>TH</sup> OCTOBER

#### Chair exercise

MONDAY 20<sup>TH</sup> OCTOBER

## **Reptile Awareness Day**

TUESDAY 21ST OCTOBER

## **World Stroke Day**

WEDNESDAY 29TH OCTOBER

#### Halloween

FRIDAY 31<sup>ST</sup> OCTOBER

Throughout the month, we will also be hosting the following regular activities:

#### **Arts and crafts**

**EVERY WEDNESDAY in the afternoon** 

## Fun and games

**EVERY OTHER FRIDAY** 

#### **Documentaries**

EVERY TUESDAY AND THURSDAY in the afternoon

# **Baking Club**

**EVERY WEDNESDAY in the afternoon** 

#### Music Club

**EVERY WEDNESDAY in the afternoon** 

# Chair yoga

EVERY MONDAY AND FRIDAY in the morning

#### **Discussion Club**

EVERY THURSDAY AND ON THE WEEKENDS in the morning

## **Poetry and Book Club**

**EVERY TUESDAY in the morning** 

# **Holy Communion**

FIRST WEEK OF THE MONTH

# Sensory activities

**EVERY OTHER DAY in the morning** 

## **Fitness with John**

**EVERY OTHER TUESDAY** 

## **Zumba Gold**

**EVERY OTHER TUESDAY** 

Contact us today on **01252 941300** to find out more about these upcoming events and activities, or why not suggest an activity yourself?

