



# EVENTS & ACTIVITIES

## AUGUST 2022

### **Lorna James**

WEDNESDAY 3RD AUGUST

Lorna will be joining us to sing some songs in the garden. We have our fingers crossed for some sunshine!

### **Marilyn**

FRIDAY 5TH AUGUST

Our residents are looking forward to welcoming Marilyn on the first floor for an afternoon of entertainment.

### **Rice Pudding Day**

TUESDAY 9TH AUGUST

To mark this national day, our residents will be treated to a classic rice pudding with jam.

### **Zumba**

THURSDAY 11TH AUGUST

Our residents always look forward to getting up and active with our Zumba instructor.

### **Left Handers Day**

SATURDAY 13TH AUGUST

This national day will see us celebrating all of our left-handed residents.

### **World Photography Day**

FRIDAY 19TH AUGUST

We will be asking residents to take photos of objects around our home throughout the day and then displaying the results throughout the afternoon.

### **Bee Day**

SUNDAY 21ST AUGUST

We are looking forward to sitting down and watching a documentary all about bees!

### **Kiddley Divey**

MONDAY 22ND AUGUST

Our first floor residents are always delighted to be joined by Kiddley Divey, who offer a fantastic sensory experience for everyone involved.

## **Harry Tenor**

THURSDAY 25TH AUGUST

Harry brings his charisma to every performance and residents always have their special requests at the ready.

## **National Dog Day**

FRIDAY 26TH AUGUST

Our host will be bringing his dog in for our residents to interact with.

**In addition to all these activities, we will also be holding regular groups such as:**

## **Scrabble Club**

EVERY WEDNESDAY AT 3.30pm

Join us for our weekly Scrabble Club where we will be seeing who can score the most points!

## **Comedy Club**

EVERY SUNDAY AT 3.30pm

On a Sunday, our residents can choose from a range of old comedy including Allo Allo and Dad's Army.

## **Sherry Social**

EVERY FRIDAY AT 12.00pm

Our residents enjoy meeting on the ground floor for a sherry and a chat before lunch.

## **Bus trips**

ONCE/TWICE A WEEK

Our bus rota details all of our exciting and upcoming trips. From garden centres, to safari parks, there is always something to look forward to.

## **Ladies High Tea / Gentleman's Club**

ALTERNATE MONTHS

This is a social gathering for everyone to enjoy a chat, a tippie and some nibbles.

## **Seated Exercise**

WEEKLY

Our residents can enjoy taking part in stepping classes, seated food, bowls and a variety of other exercises.

**Contact us today on 01494 480 200 to find out more about these upcoming events and other activities, or why not suggest an activity yourself!**