# EVENTS & ACTIVITIES October 2025



# **International Music Day and Julie Andrews 90th Birthday**

WEDNESDAY 1ST OCTOBER

## **National Poetry Day**

THURSDAY 2<sup>ND</sup> OCTOBER

#### Film on Fridays

FRIDAY 3RD OCTOBER at 11.00am

## **Harp therapy with Diane**

MONDAY 6<sup>TH</sup> OCTOBER at 1.00pm

#### **Deer Park PALS**

TUESDAY 7<sup>TH</sup> OCTOBER at 2.00pm

# Blue light brew

WEDNESDAY 8TH OCTOBER at 11.00am

# Knit, knot and natter

WEDNESDAY  $15^{\text{TH}}$  OCTOBER at 3.00pm

#### Live entertainment: Pick n Mix

THURSDAY 16<sup>TH</sup> OCTOBER

### **Chocolate week**

THURSDAY 16<sup>TH</sup> OCTOBER

# Flower arranging with Chris

TUESDAY 21ST OCTOBER at 11.00am

# Weaving with Sandra

WEDNESDAY 22ND OCTOBER at 11.00am

#### Art club

SATURDAY 25<sup>TH</sup> OCTOBER

Throughout the month, we will also be hosting the following regular activities:

## Monday mingle

EVERY MONDAY at 3.00 pm

# **Massages with Sally**

**EVERY TUESDAY AND THURSDAY** 

#### Hair with Paula

EVERY WEDNESDAY, THURSDAY, AND FRIDAY

#### Midweek movie

**EVERY THURSDAY at 2.30pm** 

## **Sensory session**

TWICE A WEEK

# **Holy Communion**

SECOND SUNDAY OF THE MONTH

Contact us today on **01531 800700** to find out more about these upcoming events and activities, or why not suggest an activity yourself?

