

# EVENTS & ACTIVITIES

## April 2024

### **Live music: guitarist**

FRIDAY 5<sup>TH</sup> APRIL

### **West Berkshire mobile library visit**

SATURDAY 6<sup>TH</sup> AND TUESDAY 23<sup>RD</sup> APRIL

### **Berkshire Youth Group visitors**

TUESDAY 9<sup>TH</sup> APRIL

### **St. George's Church**

TUESDAY 16<sup>TH</sup> APRIL

### **World Parkinson's Day event**

WEDNESDAY 17<sup>TH</sup> APRIL

### **Live music: pianist Brian**

MONDAY 22<sup>ND</sup> APRIL

### **West Berkshire Museum Q&A**

WEDNESDAY 24<sup>TH</sup> APRIL

### **National Gardening Week celebrations**

MONDAY 29<sup>TH</sup> APRIL

Throughout the month we will also be hosting the following regular activities:

### **Gym sessions**

DAILY at 10.30am

## **Wellness mornings**

DAILY at 11.00am

## **Time in the garden**

DAILY at 11.00am and 2.00pm

## **Music singalong**

EVERY MONDAY at 11.00am

## **Countdown Club**

EVERY MONDAY at 11.30am

## **Seated laughing yoga**

EVERY MONDAY at 11.30am

## **Baking club**

EVERY WEDNESDAY at 2.30pm

## **Hairdresser appointments**

EVERY WEDNESDAY from 9.00am to 5.00pm

## **Uno Club**

EVERY THURSDAY at 11.30am

## **Weekly Walking Club**

EVERY THURSDAY at 3.00pm

## **Quiz club**

EVERY FRIDAY at 3.30pm

## **Virtual church service**

EVERY SUNDAY at 2.00pm

## **Bowls club**

EVERY SUNDAY at 2.00pm

## **Creative writing group**

EVERY SUNDAY at 2.00pm

## **Arts and crafts**

TWICE A WEEK

## **Cinema club**

EVERY MONDAY AND SATURDAY at 3.00pm

## **Minibus trips**

EVERY TUESDAY

## **Chair-based exercise sessions**

EVERY TUESDAY, FRIDAY AND SUNDAY at 11.30am and 2.00pm

## **Knit and natter group**

EVERY WEDNESDAY AND SUNDAY at 11.30am

Contact us today on **01635 926 900** to find out more about these upcoming events and activities, or why not suggest an activity yourself!