

# EVENTS & ACTIVITIES

## May 2025

### **May Day**

THURSDAY 1<sup>ST</sup> MAY

### **Minibus outing**

THURSDAY 1<sup>ST</sup> MAY

### **World Laughter Day**

SATURDAY 3<sup>RD</sup> MAY

### **Star Wars Day**

SUNDAY 4<sup>TH</sup> MAY

### **Cinco De Mayo**

MONDAY 5<sup>TH</sup> MAY

### **VE Day**

THURSDAY 8<sup>TH</sup> MAY

### **Europe Day**

FRIDAY 9<sup>TH</sup> MAY

### **Blue Light Week**

SUNDAY 11<sup>TH</sup> MAY TO SATURDAY 17<sup>TH</sup> MAY

### **Minibus outing**

MONDAY 12<sup>TH</sup> MAY

## **International Nurses' Day**

MONDAY 12<sup>TH</sup> MAY

## **Eurovision Song Contest**

TUESDAY 13<sup>TH</sup> MAY TO SATURDAY 17<sup>TH</sup> MAY

## **Movability chair exercise**

WEDNESDAY 14<sup>TH</sup> MAY

## **Guest speaker**

THURSDAY 15<sup>TH</sup> MAY

## **International Museum Day**

SUNDAY 18<sup>TH</sup> MAY

## **Creative storytelling workshop**

MONDAY 19<sup>TH</sup> MAY

## **Dementia Action Week**

MONDAY 19<sup>TH</sup> MAY TO SUNDAY 25<sup>TH</sup> MAY

## **World Bee Day**

TUESDAY 20<sup>TH</sup> MAY

## **Minibus outing**

TUESDAY 20<sup>TH</sup> MAY

## **International Tea Day**

WEDNESDAY 21<sup>ST</sup> MAY

## **Minibus outing**

THURSDAY 22<sup>ND</sup> MAY

## **World Turtle Day**

FRIDAY 23<sup>RD</sup> MAY

## **Africa Day**

SUNDAY 25<sup>TH</sup> MAY

## **Minibus outing**

TUESDAY 27<sup>TH</sup> MAY

## **Movability chair exercise**

WEDNESDAY 28<sup>TH</sup> MAY

## **National Biscuit Day**

THURSDAY 29<sup>TH</sup> MAY

Throughout the month, we will be hosting the following regular activities:

## **Cinema showing**

DAILY

## **Pool/tabletop games**

DAILY at 4.00 pm

## **Tea at 3**

EVERY WEEKDAY at 3.00 pm

## **Garden club/walk**

DAILY (if possible) at 11.00 am - 2.00 pm onwards

## **Arts and Crafts**

EVERY MONDAY at 2.00 pm

## **Church Service**

EVERY THIRD TUESDAY at 11.00 am

## **Church Service**

EVERY SECOND AND FOURTH TUESDAY at 11:30 am

## **Falkland Grange Fellowship Group**

FIRST TUESDAY OF THE MONTH

## **Minibus service**

EVERY TUESDAY AND THURSDAY at 10.30 am and 2.00 pm

## **Chair exercise**

EVERY OTHER WEDNESDAY

## **Hairdressers**

EVERY WEDNESDAY AND THURSDAY **from 9.30 am onwards**

## **Wellness Wednesday**

EVERY WEDNESDAY **at 11.00 am or 2.00 pm**

## **Walkabout Wednesday**

EVERY OTHER WEDNESDAY

## **Chair exercise**

EVERY FRIDAY **at 11.00 am**

## **Songs of Praise**

EVERY SUNDAY

## **Group discussion and chat on topics**

ONCE OR TWICE A WEEK

## **Music Therapy**

ONCE A MONTH

Contact us today on **01635 926 900** to find out more about these upcoming events and activities,  
or why not suggest an activity yourself

