

# EVENTS & ACTIVITIES August 2025

## **International Beer Day**

FRIDAY 1ST AUGUST

## **Bus outing**

FRIDAY 1ST AUGUST

#### Church service

TUESDAY 5TH AUGUST at 11.30am

## **Bus outing**

WEDNESDAY 6<sup>TH</sup> AUGUST

## Movability chair exercise

WEDNESDAY 6TH AUGUST at 11.00am

# Moveability chair exercise

WEDNESDAY 20TH AUGUST at 2.00pm

# Summer bank holiday party

FRIDAY 22<sup>ND</sup> TO MONDAY 25<sup>TH</sup> AUGUST

## **Church service**

TUESDAY 26<sup>TH</sup> AUGUST at 11.30am

# Friendship café

THURSDAY 28TH AUGUST at 2.30pm

Throughout the month, we will be hosting the following regular activities:

## Cinema showing

**DAILY** 

## Pool/tabletop games

DAILY at 4.00 pm

#### Tea at 3

EVERY WEEKDAY at 3.00 pm

## Garden club/walk

DAILY (if possible) at 11.00 am - 2.00 pm onwards

#### Kids cinema club

**EVERY TUESDAY** 

## **Pet therapy**

**EVERY WEDNESDAY AND THURSDAY** 

## Blue light breakfast

**EVERY FRIDAY** 

### **Arts and Crafts**

ONCE A WEEK at 2.00 pm

#### Minibus service

EVERY TUESDAY AND THURSDAY at 10.30 am and 2.00 pm

#### Hairdressers

EVERY WEDNESDAY AND THURSDAY from 9.30 am onwards

# Wellness Wednesday

EVERY WEDNESDAY at 11.00 am or 2.00 pm

## Group discussion and chat on topics

ONCE OR TWICE A WEEK

# **Music Therapy**

ONCE A MONTH

Contact us today on **01635 926 900** to find out more about these upcoming events and activities, or why not suggest an activity yourself

