

# EVENTS & ACTIVITIES

## MAY 2022

### **Nigel Dawson**

THURSDAY 5TH MAY 11.30am

Come join us to watch Nigel Dawson for his interesting talks, often leaving us with plenty of things to reminisce about throughout the day.

### **VE Day**

FRIDAY 6TH MAY

To celebrate VE Day, we have many wonderful themed activities planned. At lunchtime we shall be stepping outside into our wonderful garden for a garden party with some themed VE day foods followed by Barry Stevens singing at 3.00pm.

### **VE Day continued!**

MONDAY 9TH MAY 2.00pm

To continue the VE Day theme we have the Pearly King of Peckham visiting to give us a talk on the old East End costermongers and life in the East End of London. He will be wearing his gleaming peals throughout the visit.

### **Jubilee jam making**

TUESDAY 10TH MAY 11.30am

Join us to make homemade jam with our wonderful chefs.

### **International Nurses Day**

THURSDAY 12TH MAY

We will be celebrating and thanking our wonderful nurses for all of their hard work with some treats.

### **National Cocktail Day**

FRIDAY 13TH MAY 2.00pm

Join us as we will be making and tasting delicious cocktails in our bistro area. Our new host Tom is a cocktail maker and will be mixing us up a few delights.

### **Dementia Awareness Week**

16TH-22ND MAY

Come join us as we plant forget-me-nots. We will also be enjoying a garden party with tea and cakes.

### **Barry Stevens**

FRIDAY 20TH MAY 3.00pm

Come and watch the wonderful Barry Stevens as he entertains our residents with his singing.

## **Lunch Club**

TUESDAY 24TH MAY 10.30am

Introducing our new Lunch Club whereby two residents will cook their favourite dishes to serve to their friends at lunch time. This will run monthly.

## **National Opera Festival – Harry Kersley Opera Singer**

FRIDAY 27TH MAY 2.00pm

Join us as we watch the brilliant Harry Kersley as he serenades us with his operatic songs to celebrate the National Opera Festival.

## **World BBQ Day**

MONDAY 30TH MAY

Join us for our first garden BBQ with delicious food, fingers crossed for good weather.

**Throughout the month, we will also be hosting the following regular activities:**

## **Wake Up and Stretch and guided meditation classes**

THREE TIMES A WEEK 11.30am

A wonderful chance to do some gentle exercises and learn mindful meditation techniques.

## **Garden Club**

CONTINUING REGULARLY DURING THE NEXT FEW MONTHS

Help get the garden ready for the gardening competition.

## **Methodist Church**

THIRD TUESDAY OF EVERY MONTH 3.00pm

## **Catholic Services and Communion**

ON REQUEST

## **Trips out and about**

TUESDAYS & THURSDAYS

We are hoping to include picnics and whole day out trips to places of interest and beauty.

## **Scrabble Club**

MONDAYS 3.00pm

Join us in the bistro to flex those minds with some healthy competition in Scrabble Club.

## **Movie afternoons**

Join us in our wonderful cinema for a selection of movies

## **Quizzes and word games**

Join in the bistro for a mixture of wonderful activities being run throughout the month.

**Contact us today on 01372 239500 to find out more about these upcoming events and activities, or why not suggest an activity yourself!**