



EVENTS & ACTIVITIES

May 2024

Live music: flautist Oliver

WEDNESDAY 1ST MAY at 11.30am

Live music: singer Daniel

THURSDAY 2ND AND MONDAY 27TH MAY

Live music: Hedley Greatbatch

THURSDAY 9TH MAY at 10.30am

Nigel Dawson Talks

FRIDAY 10TH MAY at 2.00pm

Live music: accordionist David McEwan

MONDAY 13TH MAY at 2.30pm

Church service

TUESDAY 21ST MAY at 3.00pm

Throughout the month we will also be hosting the following regular activities:

Slow yoga

EVERY WEDNESDAY at 2.00pm

Fit4Life

EVERY THURSDAY at 2.30pm

Rise chair exercises

EVERY FRIDAY at 11.00am

Contact us today on **01372 239 500** to find out more about these upcoming events and activities, or why not suggest an activity yourself!