



EVENTS & ACTIVITIES

November 2023

Church service

WEDNESDAY 1ST NOVEMBER at 11.30am

World Ballet Day

THURSDAY 2ND NOVEMBER at 2.30pm

Bonfire Night

SUNDAY 5TH NOVEMBER at 4.00pm

Fun exercises

THURSDAY 9TH NOVEMBER at 11.30am

Tea party

THURSDAY 9TH NOVEMBER at 3.30pm

Armistice Day

SATURDAY 11TH NOVEMBER at 11.30am

Remembrance Sunday

SUNDAY 12TH NOVEMBER at 10.45am

Diwali Festival of Light

MONDAY 13TH NOVEMBER at 3.00pm

Diabetes Awareness Day

TUESDAY 14TH NOVEMBER

Arts and crafts

SATURDAY 18TH NOVEMBER at 2.00pm

National Tree Day

MONDAY 27TH NOVEMBER

St Andrews Day

THURSDAY 20TH NOVEMBER at 3.00pm

Throughout the month we will also be hosting the following regular activities:

Chair-based exercises with Alison

EVERY MONDAY at 10.30am in the Mariposa Suite

Scrabble club

EVERY FRIDAY at 2.00pm

Quiz

EVERY TUESDAY at 3.00pm

Flower arranging

EVERY THURSDAY at 11.30am

Gentleman's Club

EVERY WEDNESDAY at 3.00pm

Contact us today on **020 3957 5200** to find out more about these upcoming events and activities, or why not suggest an activity yourself.



