



EVENTS & ACTIVITIES

December 2023

Festive meal

FRIDAY 1ST DECEMBER at 1.00pm

Tree Dressing Day

SATURDAY 2ND DECEMBER

Elf Day

SATURDAY 2ND DECEMBER

Christmas carols

WEDNESDAY 6TH DECEMBER at 3.00pm

Christmas Jumper Day

THURSDAY 7TH DECEMBER

Exercise class with PT Debbie

MONDAY 11TH DECEMBER at 11.15am

Christmas party

FRIDAY 15TH DECEMBER at 3.00pm

Wear a Christmas Hat Day

SATURDAY 16TH DECEMBER

Festive centerpiece crafting session

MONDAY 18TH DECEMBER at 2.00pm

National Robin Day

THURSDAY 21ST DECEMBER at 11.30am

Christmas Eve party

SUNDAY 24TH DECEMBER at 2.00pm

Visit from Santa

MONDAY 25TH DECEMBER

Throughout the month we will also be hosting the following regular activities:

Chair-based exercises with Alison

EVERY MONDAY at 10.30am in the Mariposa Suite

Quiz

EVERY TUESDAY at 3.00pm

Gentleman's Club

EVERY WEDNESDAY at 3.00pm

Flower arranging

EVERY THURSDAY at 11.30am

Scrabble club

EVERY FRIDAY at 2.00pm

Contact us today on **020 3957 5200** to find out more about these upcoming events and activities, or why not suggest an activity yourself.



