



EVENTS & ACTIVITIES

January 2024

New Years Day

MONDAY 1ST JANUARY at 2.00pm

Church service

THURSDAY 4TH JANUARY at 11.30am

Dawson's talks

FRIDAY 5TH JANUARY at 3.00pm

Exercise with Jo

THURSDAY 11TH JANUARY at 11.00am

Brew Monday

MONDAY 15TH JANUARY at 3.00pm

National Cheese Lover's Day

SATURDAY 20TH JANUARY at 3.00pm

Celebration of Life

MONDAY 22ND JANUARY at 11.30am

Global belly laugh day

26TH – 28TH JANUARY at 3.00pm

Burns Night

THURSDAY 25TH JANUARY at 5.00pm

The Big Garden Birdwatch

26TH – 28TH JANUARY

Storytelling Week

27TH – 31ST JANUARY at 11.00am

National Puzzle Day

MONDAY 29TH JANUARY

Throughout the month we will also be hosting the following regular activities:

Chair-based exercises with Alison

EVERY MONDAY at 10.30am in the Mariposa Suite

Quiz

EVERY TUESDAY at 3.00pm

Gentleman's Club

EVERY WEDNESDAY at 3.00pm

Flower arranging

EVERY THURSDAY at 11.30am

Scrabble club

EVERY FRIDAY at 2.00pm

Contact us today on **020 3957 5200** to find out more about these upcoming events and activities, or why not suggest an activity yourself.



