



EVENTS & ACTIVITIES

August 2025

Art with Ellen

MONDAY 4TH AUGUST at 2.30pm

Memory café morning

WEDNESDAY 6TH AUGUST at 10.00am

Brain and body

FRIDAY 8TH AUGUST at 11.00am

Church service

MONDAY 11TH AUGUST from 2.00 pm

Tea and memories

WEDNESDAY 13TH AUGUST at 2.00 pm

Riaz's chair yoga

THURSDAY 14TH AUGUST at 11.00am

Visit to All Saints Church

FRIDAY 15TH AUGUST at 3.00pm

Performing pets

MONDAY 18TH AUGUST at 2.00pm

Rise life

FRIDAY 22ND AUGUST at 2.00pm

Music at Lydekker

SATURDAY 23RD AUGUST at 12.00pm

Jo Pollard

TUESDAY 26TH AUGUST at 11.00am

Throughout the month, we will be hosting the following regular activities:

Flower arranging

ONCE A WEEK

Armchair travel

ONCE A WEEK

Quiz

ONCE A WEEK

Armchair animal kingdom

ONCE A WEEK

Seated exercise

ONCE A WEEK

Cooking club

EVERY TWO WEEKS

Contact us today on **01727 223600** to find out more about these upcoming events and activities, or why not suggest an activity yourself?