



LINCROFT MEADOW

KIDLINGTON  
A PORTHAVEN CARE HOME

# EVENTS & ACTIVITIES

## FEBRUARY 2019

### **CHEERLEADING**

**FRIDAY 8TH FEBRUARY 10:00am**

Our residents really enjoy their exercise classes and for something a bit different, once a month we'll be taking part in cheerleading exercises alongside instructor, Jane Read. It's fun, fast and fabulous and we'll be using pompoms for a total cheerleading experience.

### **NORTH KIDLINGTON PRIMARY SCHOOL CHILDREN VISIT**

**WEDNESDAY 13TH FEBRUARY 1:30pm**

The children from North Kidlington Primary School visit our residents once a fortnight on a Wednesday afternoon and join in playing games, baking, gardening or arts and crafts. On this visit, the children will be helping the residents make Chinese lanterns.

### **VISIT TO THE KIDLINGTON BAPTIST CHURCH**

**TUESDAY 19TH FEBRUARY 10:30am**

Once a month, Kidlington Baptist Church invite our residents to fellowship, worship, coffee and a chat. The residents that have already been say it's a lovely morning trip and they are made to feel very welcome.

### **BAKING BREAD ROLLS**

**TUESDAY 26TH FEBRUARY 10:30am**

We like to bake at Lincroft Meadow, so to celebrate the annual International Bread Week which runs from 23rd February to 3rd March, our residents will get the opportunity to bake their very own bread rolls to enjoy with their soup at lunchtime.

### **FLOWER ARRANGING**

**THURSDAY 28TH FEBRUARY 10:30am**

To celebrate Floral Design Day, our lovely residents will be making a beautiful flower arrangement whilst enjoying tea, cake and a chat with their friends and family.

**In addition to all of these activities, we will also be holding regular groups such as:**

### **COCKTAIL HOUR**

**EVERY MONDAY AND FRIDAY 4:00pm**

Come and join us every Monday and Friday for Cocktail Hour in the bistro at 4pm.

### **VIRTUAL REALITY EXPERIENCE**

**EVERY FIRST FRIDAY OF THE MONTH 2:00pm**

Come and try out the latest VR technology which has the ability to transform your world and take you to places you've only dreamt of.

Contact us today on 01865 950500 to find out more about these upcoming events and activities, or why not suggest an activity yourself!