



LINCROFT MEADOW

KIDLINGTON

A PORTHAVEN CARE HOME

# EVENTS & ACTIVITIES

## SEPTEMBER 2019

### **COCKTAIL HOUR**

EVERY MONDAY & FRIDAY 4:00-5:00pm

We host our cocktail hour. The residents and their visitors are given the opportunity to try our fruity cocktails and have a good old natter in the bistro.

### **FILM MATINEE**

EVERY WEDNESDAY, SATURDAY & SUNDAY 2:00pm

Join us and enjoy a good film at our in-house cinema. We always take requests from residents as to what they would like to watch so if there's something new you fancy seeing or you'd like to rewatch an old classic, let us know and we'll see what we can do. Come and join us for a nice relaxing afternoon in front of the big screen.

### **POTTERY WITH MITCH**

THURSDAY 5TH SEPTEMBER 2:00pm

Our residents at Lincroft Meadow will warmly welcome another visit from Mitch the potter. This session will definitely be one to note in your diary as Mitch will help our residents make beautiful clay pieces including flower pots, tiles and decorations to hang in their rooms.

### **GARDEN PARTY & BARBECUE**

SATURDAY 7TH SEPTEMBER 12:30pm

As the weather has been so lovely and warm recently we are hosting a garden party BBQ at Lincroft Meadow. Our residents and their families can enjoy a lovely lunch cooked by our talented chef whilst sat outside in the garden, followed by lots of party games for everyone to enjoy.

### **TRIP TO NORTH KIDLINGTON PRIMARY SCHOOL**

MONDAY 16TH SEPTEMBER 1:40pm

Our residents really enjoy visits from the children at North Kidlington Primary school, so today we are going on a trip to visit the children! We will be going to the school to help them with an art project. While at the school, we will arrange for a few of our residents and a few of the school pupils to pair up and become pen pals, meaning that they will start to write to each other and stay in contact via their letters.

## **ZOOLAB**

**WEDNESDAY 18TH SEPTEMBER 3:00pm**

Everyone here at Lincroft Meadow is excited to welcome back ZooLab, an organisation that brings unusual animals into care homes for the residents to see and sometimes hold. Previously, ZooLab have brought in animals such as snakes, spiders and even some very strange frogs; whatever will they bring in next!

## **NATIONAL ARTS IN CARE HOME DAY**

**TUESDAY 24TH SEPTEMBER 2:00pm**

To celebrate National Arts in Care Home Day, our residents will be spending a whole day creating some spectacular artwork. In the morning, residents will be completing a 'Big Draw', where a giant piece of paper is laid out onto a table with a word written in the middle. Residents can then draw, paint or stick anything they want onto the paper that they feel represents that word to them. Residents can spend the entire afternoon creating nature collages, where they can use anything from leaves to pine cones to create an image or collage onto a piece of card.

## **MEMORY CAFÉ**

**THURSDAY 26TH SEPTEMBER 2:00pm**

Come along to our memory café for those living with dementia and their carers. This free, informal gathering is the perfect opportunity to swap advice or experiences or simply, have a chat over a cup of tea and a slice of cake. Alan Hook, a brilliant saxophonist will be performing during the café.

## **EXERCISE WITH JANE**

**FRIDAY 27TH SEPTEMBER 10:00am**

Our residents really enjoy our exercise club of a morning, and what better way to exercise on a Friday morning than with Jane Reed? Jane is full of life and very energetic getting residents of all different abilities to join in with the exercises and perfectly times her routine to music. Residents have definitely earned a piece of cake after this exercise class!

## **ALED JONES & RUSSELL WATSON AT OXFORD THEATRE**

**FRIDAY 27TH SEPTEMBER 6:30pm**

We're hopping in the minibus and taking a trip to Oxford Theatre to see 'Aled Jones & Russell Watson in Harmony'. Watch two fantastic vocalists performing songs from their joint album on stage. The show will feature a number of arias, well-loved hymns and popular songs plus more modern classics.

**In addition to all of these activities, we will also be holding regular groups such as:**

## **COCKTAIL HOUR**

**MONDAY TO FRIDAY 4:00-5:00pm**

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## **FILM MATINEE**

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Join us to enjoy a good film at our in-house cinema. We always take requests from residents as to what they would like to watch so if there's something new you fancy seeing or you'd like to rewatch an old classic, let us know and we'll see what we can do. Come and join us for a nice relaxing afternoon in front of the big screen.

## **PETS AS THERAPY**

**THURSDAYS 10:00am**

Our Pets as Therapy sessions have always been extremely popular as many of our residents are animal lovers and enjoy their visits from Nuka, a beautiful therapy dog. Join us from 10.00am to see Nuka.

## **BAKING**

**FRIDAYS 11:30am**

Baking is a very therapeutic and social activity for our residents who know quite a bit when it comes to making cakes. Join us for our popular baking session as we all join together and create a different delicious baked good each time.

**Contact us today on 01865 950500 to find out more about these upcoming events and activities, or why not suggest an activity yourself!**