

# EVENTS & ACTIVITIES

## JUNE 2019

### **DECOPATCH CLASS**

THURSDAY 6TH JUNE **2:30pm**

We'll be using the very versatile Decopatch to create unique and colourful boxes. This is the perfect session in which to design your very own keepsake box with different kinds of materials.

### **LIGHTS UP**

TUESDAY 11TH JUNE **10:30am-12:30pm**

Join us for Lights Up, a dementia friendly social group. These sessions include music, singing and drama as well as painting seasonal crafts and poetry and dance. This is the first time we're holding this session at Penhurst Gardens so be sure to join us!

### **BLOCK PRINTING**

THURSDAY 20TH JUNE **2:30pm**

Design and make cards for a loved one in our block printing session.

### **COUNTRY AND WESTERN HOEDOWN**

SATURDAY 29TH JUNE

Come along to our country and western hoedown, taking place in our garden. There will be country and western singing and games plus the RAF cadets will be helping us with our BBQ and there will even be a flyover by a Hurricane plane!

These events are in addition to our regular Leisure and Wellness activities. The weekly programme of activities is available from our Leisure and Wellness team. Contact us on 01608 698 100 to find out more about these upcoming events or to arrange a visit.