

# EVENTS & ACTIVITIES

## MARCH 2020

### **Visiting Dogs, Molly and Charlie Brown**

MONDAY 2ND & 23RD MARCH 2:30pm

Meet our lovely PAT dog Charlie Brown the Sprocker and Molly the Labrador for an afternoon of strokes and cuddles.

### **Pottery with Mitch**

THURSDAY 12TH MARCH 2:30pm

We will be painting and decorating the amazing pots we made on the wheel last month and getting them ready to hold our Easter flower arrangements.

### **Morning at the Races**

FRIDAY 13TH MARCH 11:00am

Join us in celebrating Cheltenham Gold Cup Week with racing games and a tippie! Will you reach the finishing line first?

### **Preparing for Mother's Day**

MONDAY 16TH & THURSDAY 19TH MARCH 2:30pm

Enjoy two afternoons of making and decorating Simnel cakes for afternoon tea on Mother's Day. A time to talk about mothers, children and past Mother's Days.

### **Dancing with Golden Toes**

TUES 17TH MARCH 3:30pm

This month Golden Toes will be performing a seated jazz session. Come and join us and dance the afternoon away.

### **Pamper Time - Make Your Own Creams and Lotions**

WEDNESDAY 18TH MARCH 2:30pm

Spend a sensory afternoon smelling and choosing essential oils and mixing them to make your very own hand, face or foot creams. This is a very popular afternoon so make sure you don't miss out.

### **Theatre Trip - 'Rocketman'**

MONDAY 23RD MARCH 10:30am

Chipping Norton is home to the most delightful small theatre and it is always a pleasure to spend time there. This month, our residents are looking forward to watching the film 'Rocketman' and of course, having that interval ice cream!

## **Hatching Chicks and Ducklings**

MONDAY 30TH MARCH

Come and join us for this exciting, magical and unforgettable experience. Our eggs will arrive today and over 10 days we will watch them hatch and be able to hold and cuddle the chicks. We can't wait!

## **Flower Arranging – Making Easter Table Arrangements**

MONDAY 30TH MARCH

Denise, our wonderful volunteer, will show us all how to make flower arrangements for the tables on Easter Day, using spring flowers and greenery. This is a really relaxing and interesting afternoon so don't miss out.

## **Day Trips in March**

March is the beginning of spring when new life is evident all around us and so where better to visit than local farms and gardens.

## **Daylesford Farm Shop and Café**

TUESDAY 10TH MARCH

Our residents are paying a visit to Daylesford Farm Shop and Café.

## **Fairytale Farm**

THURSDAY 12TH MARCH

We hope to see lots of baby animals at our local Fairytale Farm. Combining this with the fairytale sensory experience and new wilderness walk, our residents are looking forward to a fun-filled day.

## **Cotswold Farm Park**

THURSDAY 19TH MARCH

We will visit Cotswold Farm Park and hopefully see some of this year's lambs being born.

## **Secret Gardens – Wychwood Forest**

THURSDAY 26TH MARCH

We will search for the Secret Gardens in the Wychwood Forest and look out for nesting ducks and spring flowers.

**In addition to all of these activities, we will also be holding regular groups such as:**

## **RAF Cadets Visit**

EVERY 2ND & 4TH TUESDAY OF THE MONTH 7:30pm

A group of RAF cadets will visit us and spend time talking to residents, playing games with them and putting on impromptu concerts.

## **Nursery Children Visit**

1ST & 3RD TUESDAY OF EVERY MONTH 10:30am

A class of Nursery children visit and make friends with our residents. This is a hugely popular morning for residents and children alike with singing, nursery rhymes and balloon games and shared morning, tea, juice and biscuits.

## **Lights Up**

EVERY 2ND & 4TH TUESDAY 10:30am-12:00pm

Join us for Lights Up, a community dementia friendly social group. These sessions are highly enjoyable and sociable and include music, singing, dancing as well as painting and crafts.

## **Cocktail Evening**

TWICE A MONTH - DATES TO BE CONFIRMED 6:30pm-8:00pm

## **Church Service with Martin**

SECOND THURSDAY OF THE MONTH 11:30am

Join us for one or both of these peaceful, restorative church services.

## **Church Service with Judith**

FOURTH THURSDAY OF THE MONTH 11:30am

Join us for one or both of these peaceful, restorative church services.

## **Memory Café**

LAST WEDNESDAY OF THE MONTH 2:00pm-4:00pm

## **Seated Movement and Dance Club**

EVERY MORNING 10:30am

## **Library Service with Bernard**

EVERY MONDAYMORNING

## **Parachute Games**

EVERY MONDAY 11:00am

## **Large Balloon Games**

EVERY MONDAY 11:30am

## **Exercise with Boxing**

EVERY MONDAY 3:30pm

## **Book Club and Storytelling**

EVERY TUESDAY 2:30pm

## **Baking with Ruth**

EVERY TUESDAY 3:00pm

## **Singing & Dancing with Hazel & with Michael on Keyboard**

EVERY WEDNESDAY 3:30pm

## **Carpet Bowls Competition**

EVERY THURSDAY 11:00am

## **Scrapbooking 'This is Me'**

EVERY THURSDAY 2:30pm

## **Gardening Club - Designing our Sensory Garden**

THURSDAY OR FRIDAY MORNING - WEATHER PERMITTING

## **Knit and Natter**

EVERY FRIDAY 11:00am

Our weekly programme of activities is available from our Leisure and Wellness team. Contact us on 01608 698 100 to find out more about these upcoming events or to arrange a visit.