

EVENTS & ACTIVITIES

January 2024

New Years Day

MONDAY 1ST JANUARY

Self-Care Day

WEDNESDAY 3RD JANUARY

National Milk Day

THURSDAY 11TH JANUARY

Pharmacist Day

FRIDAY 12TH JANUARY

Samaritan's Brew Day

MONDAY 15TH JANUARY

National Cheese Lover's Day

THURSDAY 18TH JANUARY

Religion Day

SATURDAY 20TH JANUARY

Celebration of Life Day

MONDAY 22ND JANUARY

National Activities Professional's Week

TUESDAY 23RD JANUARY

Burn's lunch

THURSDAY 25TH JANUARY

RSPB – Big Garden Bird Watch

FRIDAY 26TH JANUARY

Hot Chocolate Day

WEDNESDAY 31ST JANUARY

Throughout the month we will be hosting the following regular activities:

Book Club

EVERY MONDAY at 11.30am

Exercise session

EVERY MONDAY TO SATURDAY at 10.30am

Knit and natter

EVERY TUESDAY at 11.30am

Art Club

EVERY THURSDAY in the afternoon

Church service

FORTNIGHTLY

Therapy dog visit

FORTNIGHTLY

Contact us today on **01608 698 100** to find out more about these upcoming events and activities, or why not suggest an activity yourself!