



EVENTS & ACTIVITIES

FEBRUARY 2019

POTTERY WITH KYM

FRIDAY 8TH FEBRUARY 2:00pm

Kym's monthly visits are a staple among the activities we offer at Savernake View. Kym offers our residents guidance and inspiration throughout her relaxing and creative sessions. All welcome.

YOGA WITH MARK

TUESDAY 12TH FEBRUARY 10:30am

As part of our active morning sessions, Mark will be assisting residents to comfortably stretch and relax.

JULIE HUNT

WEDNESDAY 13TH FEBRUARY 2:30pm

Julie returns to perform at the home offering soothing renditions of singalong classics from artists such as Doris Day, The Carpenters and ABBA as well as a multitude of wartime songs.

SONGS OF PRAISE

WEDNESDAY 20TH FEBRUARY 2:00pm

We'll be joined by members of a local church for a choice of uplifting hymns and readings.

Our fortnightly discussion groups have proven to be interesting and stimulating, covering topics such as the legacy this generation will leave and women's roles in society. Come along and join us if you'd like to try out this thought-provoking session. We are reading 'A Little, Aloud', an anthology of excerpts and poems which have been selected for reading aloud. Research shows that being read to can benefit our health and happiness and residents choose whether they prefer to listen or to read. All welcome!

Please contact a member of the L&W team or call 01672 555200 to find out more about these upcoming events and activities, or why not suggest an activity yourself!