

EVENTS & ACTIVITIES

MAY 2022

VE Day

SUNDAY 8TH MAY

To celebrate VE Day, we will be having an afternoon tea garden party with a nostalgic 40s performance that will get everyone up dancing and singing along to some classic songs.

Residents meeting

THURSDAY 12TH MAY

Come join our residents meeting to have the opportunity to hear about upcoming events and any special days that are on the calendar for the next month. It also gives residents the chance to express any ideas they have for activities, bus trips and how we could improve.

World Cocktail Day

FRIDAY 13TH MAY

Come and join us for an afternoon of mixology. Our residents will be concocting their own cocktail before enjoying a cocktail party in our orangery.

Dementia Action Week

16TH-22ND MAY

We will be enjoying a week of entertainment for Dementia Action Week. Our residents will enjoy animal therapy, a special musical performance, a magician and more! It will be a wonderful opportunity to talk about dementia and raise awareness.

Cannes Film Festival

THURSDAY 19TH MAY

To celebrate Cannes Film Festival, we will be throwing an exclusive red carpet which will involve the showing of a film, accompanied by canapes, fizz and of course popcorn!

Chelsea Flower Show

THURSDAY 26TH MAY

To celebrate the Chelsea Flower Show, we will be throwing a flower arranging competition in the leisure and wellness room with some wonderful prizes to be won. Throughout the week there will also be daily live showings of the Chelsea Flower Show for our residents to enjoy in our cinema.

National Biscuit Day

SUNDAY 29TH MAY

Come bake and decorate some delicious biscuits in the leisure and wellness room whilst listening to some of your favourite music.

National BBQ Week

TUESDAY 31ST MAY

Join us in the garden for our BBQ party. Our talented chefs will be cooking up a storm for our residents and their families to enjoy.

Throughout the month, we will also be hosting the following regular activities:

Gardening Club

EVERY TUESDAY 2.00pm

Come and join us in the garden where we'll be planting bulbs and flowers and making plans for the upcoming annual Porthaven Garden Challenge.

Musical reminiscence in the cinema

TWICE WEEKLY 11.30am

Join us in the cinema for musical reminiscence. We will be going through from 50's-90's on the big screen which brings back memories for everyone here and there's always lots of singing and dancing.

Fitness

DAILY

Join in our various fitness class, from spin, seated Zumba, music for health, basketball, balloon volleyball, indoor and outdoor golf, skittles and walks around our beautiful gardens.

Church services

EVERY SUNDAY

Come to the cinema to join in with the church services on Sunday.

Art Group

TWICE WEEKLY

Join in with our crafts in the home from clay work, painting, card making and much more.

Meditation and relaxation

TWICE WEEKLY 2.00pm

Meditation and relaxation is important for emotional wellbeing and we experiment with both of these a number of ways every week. One type of relaxation we enjoy is sitting back and listening to soft music and guided meditation whilst another is visual, whereby we relax with a good relaxation nature film on the big screen.

Scrabble Club

WEDNESDAYS 2.00pm

Come join us in the orangery to flex the mind with our Scrabble Club, with banter all throughout the game, enjoying the friendly rivalry that comes with being part of this group.

The Interactive Table

TWICE WEEKLY

Come experience the interactive table for our dementia or dementia nursing residents as this is a stimulating visual sensory games table. This is a revolutionary piece of technology that allows residents to play a number of interactive games and watch videos from yesteryear among many others.

Sewing Club

EVERY WEDNESDAY 2.00pm

Join in the Savernake View Sewing Club. Create and design projects or mend some loved clothes.

Crochet and Knitting Club

THURSDAYS 2.00pm

Come and spend the afternoon getting creative with wool, whether you're a dab hand at knitting or prefer crocheting, everyone can use this time to catch up with fellow residents and enjoy a cup of tea or coffee.

Library Club

WEDNESDAYS 11.30am

Join us as we go to the library where our residents can read their own books or choose from our vast collection. Whether it's a crime novel or a hopeless romantic book, there are plenty of genres to pick from. Refreshments will be served as you get lost in your book.

Choir Club

THURSDAYS 3.00pm

Our residents can come and join the weekly choir club and warm up the vocal cords, they could be the next Katherine Jenkins or Aled Jones or just a sing in the shower person, all are welcome.

Please contact a member of the L&W team or call 01672 555200 to find out more about these upcoming events and activities, or why not suggest an activity yourself!