

EVENTS & ACTIVITIES

FEBRUARY 2019

AMANDA AND TILLY

EVERY OTHER SATURDAY, STARTING 9TH FEB 11:00am

Good news! We now have a PAT dog visit every weekend! Amanda will be bringing her soft, friendly and well-behaved cocker spaniel, Tilly, to visit every other weekend. We know how much the vast majority of our residents enjoy animal visits and now we have one every week as well as our monthly visits from the Cheltenham Animal Shelter. Welcome to Amanda and Tilly!

PB DUO

THURSDAY 14TH FEBRUARY 2:00pm

The PB Duo is a piano and bass duo who have over 2 years' experience performing in care homes. Brian and Mike have perfected a repertoire of relaxing music dating from the 1930's. They also perform music from films, and from the 1960's and 70's with hits from The Beatles and The Carpenters included. The PB Duo will be entertaining us with a set of classic love songs, perfect for Valentine's Day!

NAILS

EVERY MONDAY 11:00am

If you didn't already know, our leisure and wellness coordinator, Alice, now offers weekly nail painting for all residents. With a wide range of colours from natural and modest to bright and wacky to choose from, there is a colour for every taste and style. Let us know if you'd like to book a space by speaking to the leisure & wellness team or by calling our office.

Regular activities:

GYM

DAILY Times vary

Since our gym has opened our residents have become more exercise orientated and work towards their personal SMART targets. We encourage our residents to use the gym regularly to ensure they maintain their mobility and general fitness.

MINIBUS TRIPS

EVERY MONDAY & WEDNESDAY Times vary

Every Monday and Wednesday we have the minibus which enables us to make trips to destinations of our choosing! So keep an eye on where we are going every week!

CHELTENHAM LADIES COLLEGE

EVERY TUESDAY, WEDNESDAY & THURSDAY 1.35pm

The Ladies College students come and interact with our residents three times a week, every week! They stay for half an hour and bring a little bit of youth into the resident's lives!

CHELTENHAM COLLEGE STUDENTS

EVERY WEDNESDAY 3.30pm

We have teamed up with Cheltenham College as part of our community links and their voluntary work! A group of students visit us every Wednesday to interact with the residents, chatting, playing games and music. Come along for an hour of fun!

PROFESSIONAL ART CLASSES WITH KATHERINE

THURSDAY AFTERNOONS – WEEKLY 3.00–4.30pm

Come and evoke your creative side at our weekly art classes and show us what you can do. Katherine encourages our residents to learn new skills and has a great relationship with them, getting to know them to improve their overall experience.

CLASSICAL MUSIC MORNINGS

FRIDAYS 10.30am

We have been running a classical music morning every Friday for a while as requested by the residents. During this time, residents enjoy a cup of tea and read the newspaper whilst listening to vinyl records of classic composers and live piano music.

CINEMATIC EXPERIENCE

EVERY SUNDAY 2.00pm

Join the residents to rewatch classics or discover new favourites! There are films for everyone to enjoy, from old musicals to westerns and new movies. Popcorn, treats and drinks are available to make it a more authentic cinema experience.

Contact us today on 01242 505 560 to find out more about these upcoming events and activities, or why not suggest an activity yourself!