

EVENTS & ACTIVITIES

MARCH 2019

ARTS & CRAFTS WITH JILL

FRIDAY 1ST MARCH 11:00am

Jill will be coming to Thirlestaine Park to run arts and crafts classes for our residents. Jill is a semi-retired art teacher and has skills in embroidery, knitting, felt work and much more. We are excited to welcome Jill to the home - there has already been a lot of interest in her class!

MOREA DANCE

TUESDAY 5TH MARCH 2:00pm

Morea Dance and Performing Arts are a local performing arts college who bring their students in to perform for our residents. These young ladies are extremely talented and our residents love watching their performances and enjoy talking to them afterwards, exchanging stories from different generations. Come down to Thirlestaine Park and join us for this magical performance.

Regular activities:

ART CLASS WITH KATHERINE

EVERY THURSDAY 3:00pm

Our very talented art teacher, Katherine, joins us on a weekly basis and provides one of our most engaging sessions. Last year, Katherine played a major role in our art exhibition at the Wilson Art Gallery where we had the mayor of Cheltenham and local MP Alex Chalk in attendance. This year, we are planning on doing an in-home exhibition to exhibit all the recent artwork our residents have created. Next time you're passing, why not pop in and see the amazing art our residents are producing.

GYM

DAILY Times vary

Since our gym has opened our residents have become more exercise orientated and work towards their personal SMART targets. We encourage our residents to use the gym regularly to ensure they maintain their mobility and general fitness.

MINIBUS TRIPS

EVERY MONDAY & WEDNESDAY Times vary

Every Monday and Wednesday we have the minibus which enables us to make trips to destinations of our choosing! So keep an eye on where we are going every week!

CHELTENHAM LADIES COLLEGE

EVERY TUESDAY, WEDNESDAY & THURSDAY 1:35pm

The Ladies College students come and interact with our residents three times a week, every week! They stay for half an hour and bring a little bit of youth into the resident's lives!

CHELTENHAM COLLEGE STUDENTS

EVERY WEDNESDAY 3:30pm

We have teamed up with Cheltenham College as part of our community links and their voluntary work! A group of students visit us every Wednesday to interact with the residents, chatting, playing games and music. Come along for an hour of fun!

CLASSICAL MUSIC MORNINGS

FRIDAYS 10:30am

We have been running a classical music morning every Friday for a while as requested by the residents. During this time, residents enjoy a cup of tea and read the newspaper whilst listening to vinyl records of classic composers and live piano music.

CINEMATIC EXPERIENCE

EVERY SUNDAY 2:00pm

Join the residents to rewatch classics or discover new favourites! There are films for everyone to enjoy, from old musicals to westerns and new movies. Popcorn, treats and drinks are available to make it a more authentic cinema experience.

Contact us today on 01242 505 560 to find out more about these upcoming events and activities, or why not suggest an activity yourself!