

EVENTS & ACTIVITIES

January 2024

National Cheese Lover's Day

FRIDAY 19TH JANUARY

Global belly laugh day

TUESDAY 23RD JANUARY

Burn's Night

THURSDAY 25TH JANUARY

National Storytelling Week

SATURDAY 27TH – WEDNESDAY 30TH JANUARY

National Puzzle Day

MONDAY 29TH JANUARY

Walk your dog month

ALL MONTH

Throughout the month we will also be hosting the following regular activities:

Group crossword/wordsearch

EVERY TUESDAY at 11.30am

Gym sessions

EVERY MONDAY, WEDNESDAY AND FRIDAY 10.00-11.00 (gentleman) 11.00-12.00 (ladies)

Weekly quiz

EVERY FRIDAY at 2.30pm

Word wheel

EVERY SATURDAY at 2.30pm

Contact us today on **01242 505 560** to find out more about these upcoming events and activities, or why not suggest an activity yourself!

