



**TONBRIDGE HOUSE**

TONBRIDGE  
A PORTHAVEN CARE HOME

# EVENTS & ACTIVITIES

## FEBRUARY 2019

### **TONBRIDGE HOUSE QUIZ**

FRIDAY 1ST FEBRUARY

Join us for our quiz and join in on all the fun and games with our residents and staff during this enjoyable morning. This will be followed by our church service or our Scrabble club in the afternoon.

### **SUSSEX ROAD PRIMARY SCHOOL**

MONDAY 4TH FEBRUARY

Meet the children from Sussex Road's reception class. They will be here to read their favourite story and get to know the residents and join in with our activities too.

### **CHINESE NEW YEAR**

TUESDAY 5TH FEBRUARY

We'll be celebrating the year of the pig, learning about the Chinese culture of clothes and sampling some traditional delicacies. Did you know? You can buy yourself new clothes for New Year but often they will be given as gifts from the family but bearing in mind to stay away from black and white as they are unlucky and negative so go red!

### **VALENTINE'S DAY**

THURSDAY 14TH FEBRUARY

Make and decorate cards for the staff (pick a name from our box) and decorate cakes to enjoy during your afternoon tea.

### **ANDY'S EXERCISE CLASS**

THURSDAY 21ST FEBRUARY

Enjoy your morning exercise with Andy and his acclaimed quiz where you can score millions of points!

### **FEBRUARY CIRCLE DANCE**

THURSDAY 28TH FEBRUARY

Join in on our circle dance session with Jane for an hour of fun and laughter and keep fit in the process.

Contact us today on 01732 497500 to find out more about these upcoming events and activities, or why not suggest an activity yourself!