

# EVENTS & ACTIVITIES

## January 2024

### **Walk your dog month**

ALL MONTH

### **Brew Monday**

MONDAY 15<sup>TH</sup> JANUARY at 11.00am

### **Prayer Group**

TUESDAY 16<sup>TH</sup> JANUARY at 11.00am

### **National Cheese Lover's Day**

FRIDAY 19<sup>TH</sup> JANUARY at 2.00pm

### **Global belly laugh day**

MONDAY 22<sup>ND</sup> JANUARY at 2.00pm

### **Holy Communion**

TUESDAY 23<sup>RD</sup> JANUARY at 11.00am

### **Burns Night**

THURSDAY 25<sup>TH</sup> JANUARY at 2.00pm

### **National Puzzle Day**

MONDAY 29<sup>TH</sup> JANUARY at 2.00pm

### **Crossword Puzzle Day**

THURSDAY 21<sup>ST</sup> DECEMBER at 11.00am

Throughout the month we will also be hosting the following regular activities:

### **Man shed**

EVERY MONDAY from 2.00pm to 4.00pm

### **Crafty corner**

EVERY TUESDAY from 11.00am to 12.30pm

### **Chair aerobics**

EVERY WEDNESDAY from 2.00pm to 3.30pm

## **Nursery visitors**

EVERY WEDNESDAY from 10.30am to 11.30am

## **Nail painting and care**

EVERY THURSDAY from 11.00am to 12.30pm

## **Choir group**

EVERY OTHER FRIDAY from 2.00pm to 4.00pm

Contact us today on **01732 497 500** to find out more about these upcoming events and activities, or why not suggest an activity yourself!