

EVENTS & ACTIVITIES

May 2024

May Day

WEDNESDAY 1ST MAY

International Firefighters Day

FRIDAY 3RD MAY at 11.00am

Choir practise with Paul Fay

FRIDAY 3RD, 17TH AND 31ST MAY at 2.00pm

Dance exercise class with Jess

WEDNESDAY 8TH AND 22ND MAY at 2.00pm

International Nurses Day

SUNDAY 12TH MAY

Dementia Action Week fundraiser

MONDAY 13TH MAY at 11.00am

Prayer group

TUESDAY 14TH MAY at 11.00am

Dementia Action Week book club

THURSDAY 16TH MAY at 2.00pm

National Donut Week

FRIDAY 24TH MAY at 2.00pm

Boxercise with Mark

MONDAY 27TH MAY at 2.00pm

National Biscuit Day

TUESDAY 28TH MAY at 2.00pm

Throughout the month we will also be hosting the following regular activities:

Crafty corner

EVERY TUESDAY from 11.00am to 12.30pm

Walking Club

EVERY TUESDAY AND FRIDAY from 11.00am to 12.30pm

Chair aerobics

EVERY WEDNESDAY from 2.00pm to 3.30pm

Nursery visitors

EVERY THURSDAY from 10.30am to 11.30am

Nail painting and care

EVERY FRIDAY from 11.00am to 12.30pm

Contact us today on **01732 497 500** to find out more about these upcoming events and activities, or why not suggest an activity yourself!