

EVENTS & ACTIVITIES

April 2024

Dance session

WEDNESDAY 3RD APRIL at 3.00pm

Ballet screening

FRIDAY 5TH APRIL at 2.30pm

Meditation session

WEDNESDAY 10TH APRIL at 2.30pm

World Parkinson's Day

THURSDAY 11TH APRIL at 3.00pm

Live music: Sean and Rob

FRIDAY 12TH APRIL at 2.30pm

International Scrabble Day

SATURDAY 13TH APRIL at 3.00pm

International Haiku Day

WEDNESDAY 17TH APRIL at 3.00pm

National Tea Day

SUNDAY 21ST APRIL at 3.00pm

Activities and Wellbeing residents meeting

WEDNESDAY 24TH APRIL at 3.00pm

Live music: Marlow

FRIDAY 26TH APRIL at 2.30pm

Live music: Gregory

SUNDAY 28TH APRIL at 3.00pm

Throughout the month we will also be hosting the following regular activities:

Gentle exercise session

EVERY WEEKDAY MORNING at 11.15am

Scrabble Club

EVERY MONDAY **at 3.00pm**

EVERY TUESDAY **in the morning**

Hairdresser

EVERY MONDAY AND TUESDAY

Minibus outings

TWICE A WEEK

Contact us today on **01225 435 600** to find out more about these upcoming events and activities, or why not suggest an activity yourself!