

EVENTS & ACTIVITIES

October 2024

Harp Harmony

FRIDAY 4TH OCTOBER

Music and movement with Clare

THURSDAY 10TH OCTOBER

Armchair travel to Africa

FRIDAY 11TH OCTOBER

Mini golf

MONDAY 14TH OCTOBER

World Food Day

TUESDAY 15TH OCTOBER

Space week

THURSDAY 17TH OCTOBER

Breast Cancer Awareness Week

FRIDAY 18TH OCTOBER

Pumpkin day

TUESDAY 22ND OCTOBER

Discovering nature

THURSDAY 24TH OCTOBER

Stroke Awareness Day

TUESDAY 28TH OCTOBER

Stitch Stories

TUESDAY 30TH OCTOBER

Festival of Lights: Diwali

THURSDAY 31ST OCTOBER

Throughout the month we will also be hosting the following regular activities:

Gentle exercise session

EVERY WEEKDAY MORNING at 11.15am

Scrabble Club

EVERY MONDAY at 3.00pm

EVERY TUESDAY in the morning

Hairdresser

EVERY MONDAY AND TUESDAY

Holy Communion

2ND TUESDAY OF EACH MONTH

Activities and wellbeing resident meeting

LAST WEDNESDAY OF EVERY MONTH at 3.00pm

Minibus outings

TWICE A WEEK

Contact us today on **01225 435 600** to find out more about these upcoming events and activities, or why not suggest an activity yourself!